



# SOUTH FLORIDA YOUTH LACROSSE LEAGUE

## 2018 Game Day Rules- Boys

SFYLL follows the general guidelines found in the “Boys Lacrosse Rules Book” (National Federation of State High School Associations/US Lacrosse) including the section on Youth Lacrosse. Minor differences and highlights are outlined here in the “SFYLL Game Day Rules”.

### **GAME LENGTH**

**6U** – 10 minute running (Whistle at 5 minutes for quick substitution only)

**8U, 10U** - 12 minute running

**12U, 14U** – 15 minute running

All games are running time. There are no horns. All subs on the fly. Clock stops at timeouts (officials and team). 2 time outs per half.

**10U, 12U, 14U** - 1 OT - 4 minute Sudden Victory if needed with 1 time out (can end in a tie if both coaches agree). Final 2 minute stalling rule is in effect for 12U, 14U only. **12U, 14U 20 second defensive count and 10 second offensive count will be used. Over and Back rule will not be used at any age level**

### **CONTACT**

**No** Take-Out Checks are allowed at any level. A take out check is defined as any check in which the player lowers his head or shoulder with the force and intent to put the other player on the ground.

**6U, 8U, 10U** – No body checking (incidental contact OK per guidelines) Incidental contact or use of hips on ground balls and on defense is allowed, **within 3 yards of the ball.**

**12U, 14U** – Body checking is allowed per rules

**3 Yard Rule is in effect at all levels**

### **FIELD SIZE/# OF PLAYERS**

**6U** – 5 v 5 (can go 7 v 7 if both coaches agree), Modified size field, shot blockers (Rolling the ball under the shot blocker does not count as a goal- ball awarded to defensive team)

**8U** – 7 v 7, Goalies (if team has no Goalie shot blocker can be used (no rolling ball shots – see 6U) or flip goal over to small V.

**10U, 12U, 14U** – Full Field

### **GOALIES**

Goalies are required to wear arm pads (Boys)

### **COACHES ON FIELD**

**6U, 8U**- 1 coach is allowed on field in alleys during games (no stick, gloves etc)

**10U, 12U, 14U** – No coaches on field



## **STICK LENGTH**

**6U/8U** - 37 to 42 inches, no D poles

**10U** - 37 to 42 inches, **D poles 47- 52 inches** - max 4 on field (Recommendation is to have all players play with short crosse but is not mandatory)

**12U/14U** - Short crosse 40 to 42 inches, Long crosse 52 to 72 inches with 4 max on field.

**FACEOFFS** - New faceoff rules apply (1 step rule) at all age levels. Exception: We will not be requiring “tape on the handle” (Rule 4.3 Article 3n – Page 32 of NFHS Rule Book) **8U BOYS - No Faceoffs. Alternating possession to start each quarter then ball awarded at midfield to the team that was scored upon. Players line up as if there is a faceoff.**

## **PENALTIES**

**6U** – Change of possession (use Flow method of officiating to keep game moving). Manage overly aggressive players by sending them off the field.

**8U** – Offending player is sent off the field and must stay off the field for the time of his penalty. Another player may replace him on the field (no Man Up/Down). Manage aggressive multiple foul players accordingly. Eject as warranted.

**10U, 12U, 14U** – Full time serving penalties (30 sec, 1 min, etc. No 1.5X anymore)

**Foul Out** – 4 personal fouls or 5 minutes in personal foul penalty time

**One handed check considered slash even if no contact is made in all age groups.**

## **MERCY RULE**

**6U, 8U, 10U ONLY** - With **6** goal lead team down awarded ball at midfield after goals unless waived by trailing coach.

## **NOTES:**

\* It is required that spectators/fans/parents be on opposite side of field from players (unless field layout prohibits it).

\* In the event of a jersey color conflict the home team will wear pennies/vests.

\* All expulsion/ejection fouls need to be reported to your league Board and to the SFYLL (both coaches and referee should report).

\* Coaches are responsible for their own behavior as well as that of their staffs, players and parents/spectators. The SFYLL has zero tolerance for derogatory behavior and profanity. Maintain the integrity of both sidelines and the game.

2018 Points of Emphasis

**Violent Collisions**-There is no justification for deliberate/violent collisions between players especially with defenseless players or for checks to the head and neck. Penalties will be assessed accordingly. Read the rule book!

**Sportsmanship**- Unsportsmanlike conduct will not be tolerated. Foul language, berating officials or the other team is a penalty. Players, coaches, parents and fans need to be aware of this zero tolerance rule.

This game is about the kids not the adults – let’s remember that at all times. **HONOR THE GAME. Only “Meets NOCSAE Standards” balls are allowed in the SFYLL.**