2014 US Lacrosse Boys Youth Rules Exam

1. Which of the following is true about violent collisions in the youth game?
   a. There is no justification for deliberate and excessively violent collisions by any player at any age
   b. There is no reason for intentional player to player collisions with defenseless players
   c. Checks involving the head and/or neck and excessive body-checks
   d. All of the above

2. Which of the following is true about Sportsmanship in the youth game:
   a. Unsportsmanlike conduct by coaches, players and/or spectators degrades the experience of youth players and erodes the integrity and appeal of the sport
   b. Obscenities will not be tolerated and will draw an immediate penalty
   c. Unsportsmanlike conduct can include: body language, tone and intent
   d. All of the above

3. For a lacrosse ball to be legal for use in a boys youth game it must?
   a. Be stamped with "Meets NOCSAE Standard"
   b. Be stamped stating "Meets NFHS Specifications"
   c. Be stamped stating "Meets NFHS and NCAA Standard"
   d. None of the above

4. Correct crosse dimensions for youth are?
   a. U9 crosse dimensions are 37" - 42" ONLY
   b. U11 crosse dimensions are 37" - 42" or 47" - 54"
   c. U13 and U15 crosse dimensions are 37" - 42" or 52" - 72"
   d. a and b

5. Which of the following is true about Protective cups?
   a. Are required and part of the mandatory equipment
   b. Only required for U11 and U13 players
   c. Only required for U15 players
   d. May be worn at the players discretion
6. Which of the following are the correct timing for youth games?
   a. All games at all levels are 10 minute stop time quarters
   b. U9 and U11 is 12 minute running time (or 8 minute stop time), U13 and U15 are 10 minute stop time quarters
   c. 2 – 25 minute running time halves
   d. U11 is 10 minute running time, U13 and U15 are 12 minute stop time quarters

7. Faceoff rules for the boys youth game include which of the following?
   a. NCAA face off rules apply for all levels
   b. U13 and U15 NFHS rules and U9/U11 NFHS faceoff rules until a six goal difference, then the losing team is given the ball at mid-field in a faceoff situation (unless waived by the coach of the trailing team)
   c. At all levels if there is a six goal differential, there is no faceoff and the ball is awarded to the team that is trailing
   d. There is no mercy rule in the boys youth game, faceoff after all goals and to start all quarters.

8. In the final two minutes of a game:
   a. Stalling rule is not enforced at any age level
   b. Stalling rule is only enforced at U15
   c. Stalling rule is only enforced at U13 and U15
   d. Stalling rule is enforced at all levels

9. Horn substitutions in youth games are?
   a. No horns at any youth level (local league may authorize horn substitutions at U9 and U11)
   b. Horn substitutions will be used at all levels
   c. Horn substitutions will only be utilized at the U15 level
   d. Horn substitutions will only be utilized at the U11 level

10. At what level of play is a goalie required to wear arm pads?
    a. HS Freshman and JV
    b. U13 and U15
    c. U9 and U11
    d. Both b and c
11. The 3 Yard rule is?
   a. There is no such rule
   b. The offensive player is not allowed within 3 yards of a defensive player
   c. All checks, legal holds, legal pushes must be on a player in possession of the ball or within 3 yards of a loose ball
   d. During a restart a player can be within 3 yards of the person with the ball

12. The Get it in/Keep it in rule is used in which of the following?
   a. All levels
   b. U13 and U15 only
   c. U11, U13 and U15
   d. Get it in/Keep it in is not used in the youth game

13. Which of the following would be considered body checking a defenseless player?
   a. Body checking a player who has his head down in an attempt to play a loose ball
   b. Body checking a player from his blind side
   c. Body checking a player whose head is turned away to receive a pass, even if that player turns toward the contact immediately before the body check
   d. All of the above

14. The penalty for checking a defenseless player may include which of the following:
   a. 1 minute releasable penalty
   b. 3 minute releasable penalty
   c. 2 or 3 minute non-releasable penalty, if the hit was excessively violent, an ejection may apply
   d. 30 second non-releasable penalty

15. Youth rules define take-out checks as:
   a. A player that lowers his head or shoulder with force and intent to put the other player on the ground
   b. Any body-check considered more aggressive or more physical than necessary to stop the advancement of the player carrying the ball
   c. Any body-check on a player in a defenseless position
   d. All of the above are considered take-out checks and they are illegal at all levels
16. Checks to the head and neck:
   a. May be adjudicated with multiple minute penalties
   b. Could result in player ejection
   c. Coaches are encouraged to coach players to avoid delivering such checks and support the
      officials when they call such penalties
   d. All of the above

17. Youth rules allow Body Checks:
   a. U15 and U13 allow body checks, as long as they are not take-out checks
   b. U11 does not allow any body checks except legal pushes and holds and “man-ball” is allowed
   c. Any take-out check is a time serving penalty and can be releasable or non-releasable
   d. All of the above

18. If there is contact to the head/neck by an opposing player:
   a. The player is automatically ejected
   b. The minimum penalty is a two to three minute non-releasable penalty
   c. The minimum penalty is a two to three minute releasable penalty
   d. The minimum penalty is a 30 second technical foul

19. During a U13 game, B1 executes a successful one-handed wrap check and dislodges the ball from A1’s
    stick.
   a. No call, legal play at the U13 level
   b. Personal Foul on B1, Slashing, 1-minute penalty, one hand wrap checks are illegal at all youth
      levels
   c. Technical Foul on B1, Holding, 30-second penalty
   d. Personal foul on B1 - slashing - 1 minute non-releasable penalty

20. Any penalty for Unnecessary Roughness shall be:
   a. 1 minute releasable
   b. 1, 2 or 3 minute non-releasable penalty, depending on the severity, at the discretion of the
      official
   c. 1, 2 or 3 minute releasable penalty, depending on the severity, at the discretion of the official
   d. Automatic ejection for the offending player
21. To foul out in the boys youth game, a player must accumulate:
   a. 4 personal fouls or 5 minutes in personal foul time
   b. 5 personal fouls or 4 minutes in personal foul time
   c. There is no fouling out in the boys youth game
   d. 5 personal fouls or 5 minutes in personal foul time

22. Officials authority to terminate a game can include:
   a. In response to flagrant acts of unsportsmanlike behavior including excessively rough play or the encouragement of excessively rough play by coaches, teammates or spectators
   b. The result of a terminated game would a score of 1-0
   c. Officials cannot terminate a game under any circumstances
   d. Both a and b

23. U15 Player A1 is knocked to the ground while contesting a ground ball with B1. As A1 is getting up but still on his knees and the ball is still within 3 yards of A1, B2 runs into A1, while B1 scoops the ball.
   a. Personal Foul on A1, Unsportsmanlike Conduct, for trying to draw a foul
   b. Personal Foul on B2, Illegal Body Check
   c. No foul on B2, legal body check, good man-ball technique
   d. Unsportsmanlike foul on the coach

24. U15 Player A1 is receiving a high, looping “buddy pass.” B1 body checks A1, whose body is fully extended and vulnerable reaching for the pass.
   a. No penalty legal play
   b. Personal Foul on B1, Slash, 1-minute penalty
   c. Technical Foul on B1, Pushing, 30-second penalty
   d. Personal Foul on B1, Illegal body check, 2-3 minute penalty, non-releasable for a body-check on a defenseless player

25. Cross-check holds
   a. Are legal
   b. Are defined as using the part of the handle between his hands to hold their opponent and restrict their movement
   c. Should be called by the officials
   d. b and c